# Video transcript: International recruitment stories - Sabine’s nursing career journey from the UAE to NHS Fife

>>SABINE: I am Sabine. I am one of the international recruits who came from UAE. I'm working here in Stroke Ward 42 as a staff nurse, and I've been here for a year now.

>>SABINE: I was in Middle East, in UAE, for past 10 years, and I was quite settled there. And then there was a drive of recruitment from Yeovil. They came to UAE, and then I just gave a try for an interview, and on the spot, I got selected.

>>SABINE: And then when they offered me for Scotland, I was very happy because it was one of my dreams once in my lifetime to visit Scotland. And moreover, my friends were here, they were working already. And when I asked them, they told how beautiful the place is and how good people are. And now I really agree with them, and I feel blessed to work and live here in Fife.

>>SABINE: It was a very big challenge for me because I have never been in this cold weather. Like when I came, it was in September.

>>SABINE: The atmosphere was very challenging because the patients were different, the people were different, the language was different and it was a totally different culture from UAE.

>>SABINE: However, my senior charge nurses, my charge nurse, and all my team members were very supportive, friendly, and welcoming, which made me more confident and comfortable to work in this ward.

>>SABINE: When my family arrived, it was a big relief for me. Yeah, when they came initially, like they were telling me like, can we go back again? Because they were not coping with the weather especially, but they like this place it is very calm, and we were like, we were before, we were in very crowded place, like the traffic and people.

>>SABINE: But now we actually like this place because it's very calm and you know, the seaside is very beautiful, so they are fine now. And my small, small girl, she's going to nursery, she's enjoying it.

>>SABINE: We came here to settle. My main goal is to provide the best quality care to the patient and also to continue to grow, develop, and make more meaningful progress in my life and career.